

Second Trays = a la carte

Meet definition of competitive food: all food and beverages other than meals reimbursed (**second meals are not reimbursable**) under programs authorized by the Richard B. Russell National School Lunch Act and the Child Nutrition Act of 1966 available for sale to students on the *School campus* during the *School day*.

Whole Tray

Side Dishes

Entrée

Day of Service in the Reimbursable Meal OR Day after Service

NOT the Day of Service or Day after Service in the Reimbursable Meal

Entrée Exempt

Entrée NOT Exempt

Side Dishes

Must Meet BOTH Smart Snack and AR Nutrition Standards Everyday

- Be a “whole grain-rich” grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber)
- Meet Arkansas Nutrition Standards / Maximum Portion Size List

AND

- ≤ 200 calories
- ≤ 230 mg sodium
- ≤ 35% of calories from fat
- < 10% of calories from saturated fat
- Zero grams of trans fat
- ≤ 35% of weight from total sugars

Entrées that are NOT Exempt must meet Smart Snacks Regulations:

- Be a “whole grain-rich” grain product; or
- Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber)

AND

- ≤ 350 calories
- ≤ 480 mg sodium
- ≤ 35% of calories from fat
- < 10% of calories from saturated fat
- Zero grams of trans fat
- ≤ 35% of weight from total sugars